

Jon Cruz PERSONAL TRAINING (JC:PT) HEALTH & FITNESS



Main thorough cleaning with disinfectants, detergents and mild bleach is carried out between the end of one clients session and the start of the subsequent client, and at the beginning and end of each day.

ENVIRONMENT

Although the studio does have air conditioning, we already have ceiling fans as well as a large portable fan unit.

Even before the current situation most of our clients preferred to train with fans rather than A/Cs, so we already had the system in place.

If you require further information, or clarification, do contact me.

Yours in Sport.

Jonathan Cruz.

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